



*Fall in Love
with Fredonia*



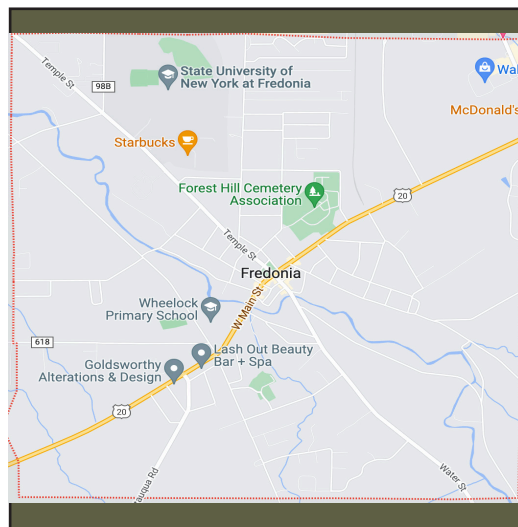
Sept. 22 marks the first official day of Fall, but this magazine is for readers who don't need a calendar to tell them when to break out their cable knit sweaters and pumpkin spice creamer. If you love fall flavors, foliage or are simply looking for fall activities in the Fredonia area, you've come to the right place.

Whether you're team pumpkin spice or are an apple aficionado – we've got you covered. With a pumpkin spice latte or apple cider in hand it's time to explore the Fredonia area and familiarize yourself with the autumn activities it offers.

-Allyson Youngs Editor and Chief

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'Pick' the Perfect Autumn Activity at Meadow Farms



One of the things I love about the Fredonia area is its fall foliage. I find myself taking the time to appreciate the trees on and off campus as I pass them by. There is something about staring at the beautiful reds, oranges and yellows on the way to class that makes trips seem much faster.

For me fall definitely means “falling” leaves. But, we can’t forget about those early months when the leaves are still tinged green. Although their green hue detaches them from the traditional fall aesthetic, don’t count out this part of the season yet.

Green leaves on apple trees mean it’s prime apple picking season as the fruit becomes ripe for the picking. For Fredonia students, Meadow Farms is your autumn activity destination for amazing apple picking.

Meadow Farms is a U-Pick Orchard that allows visitors to pick from a vast selection of apple trees. With 30 acres, their orchard supports a variety of apple types. Apples range from well known names like McIntosh, Fuji, Empire, Cortland and Macoun.

Located at 10459 Prospect Road in Forestville, NY Meadow Farms is only a 15 min drive away from campus. Apple season lasts from September-November, so you have plenty of time to schedule a visit.

This location is also open from 9 a.m. to 6 p.m. daily, perfect for a college student who’s looking to fill a vacant afternoon.

This location also accepts cash or card for more accessible payment. And more good news – there are no reservations needed!

You also can visit the main building to purchase pre-picked apples and other fall favorites like honey, maple syrup, mums, pumpkins and their famous apple cider.

If you’re an avid apple lover, or are just looking for a fun way to spend a fall day don’t forget to visit Meadow Farms this season.



Apples picked from Meadow Farms’ Orchard: Check out meadowsapplefarm.com to get to know the “core” of this organization



@MeadowsAppleFarm showcases its homemade apple cider on its Facebook page

TERROR In the Trees

Trick or Treat Yourself to Fredonia's Terror in the Trees

You're 5 years old again – brightly colored leaves litter the ground, a light wind blows, and you can hardly contain your excitement. You grip the bag in your hand a little tighter and urge your parents to keep walking down the sidewalk. It's Halloween!

At this age, our biggest concern was how late our parents would let us stay out trick-or-treating or which house would give out king - sized candy bars. Now that we're in college, things are a little different.

Now don't get me wrong, I'm sure many of us would still appreciate a giant bag of candy, but we're not kids anymore. As a kid many of us focused on the "treats" Halloween offered, but as college students I think we can now appreciate some of its terrifying "tricks."

You don't even need to leave campus to engage in a tremendously terrifying activity this Halloween.

This October, Fredonia's Woodlot & Philips Ulrich Community Trail is being transformed from its usual quaint beauty into a frightening forest.

The event is organized by Fredonia Immersive Theater and traditionally held on Halloween weekend. But beware: this event has driven fear into the hearts of many Fredonians in years past. Trail goers were subjected to hellish haunts and gruesome ghouls.

If you attend, enter at your own risk – and be sure to use the entrance off of Ring Road and across from the parking lots. Tickets can be purchased at the entrance the day off your eerie encounter in Fredonia's forest.

The event is traditionally held at night from 7 - 11p.m. Students receive a sweet discount at \$3 a ticket, with public tickets priced at \$5.

For more information go to https://events.fredonia.edu/event/terror_in_the_trees_1910

This haunted hike takes participants along the full length of the on-campus trail in all its ghoulish glory. The cast of Fredonia Immersive Theater invites you to join them – if you dare...



Halloween, Horror and History



The moon is full, a crisp autumn breeze rustles through the leaves in trees around you as anticipation fills the air. A crowd begins to gather around the Barker Commons Gazebo in downtown Fredonia. It's 10:30 p.m. and your tour is about to begin.

The Harvest Moon Cemetery Tour is an annual event that last occurred on Oct. 21 and Oct. 22. The tour takes you through downtown Fredonia either on foot or by carriage as you make their way to the nearby cemetery.

Together you and your tour guide will examine the architecture and uncover the history of the Fredonia area. Each gravestone has a story and with this tour you'll learn about some of the more notable individuals laid to rest in this area.

The tour will conclude when the group returns to Barker Commons, with times varying depending on your tour method. The tour ranges from 60 minutes by carriage to 60-75 minutes when walking.

As of 2022, tickets were \$10 for the walking tour and \$20 for the carriage tour, making it perfect for a college student looking for an inexpensive way to spend a fall night.

To accommodate the maximum number of visitors, tours have four different time slots available.

Carriage tours are on the hour at 7, 8, 9 and 10 p.m. Walking tours start 15 min after each carriage tour at 7:15, 8:15, 9:15, and 10:15 p.m. respectively.

Tickets and more information can be found online at:
festivalsfredonia.org/harvest-moon-festival-tours

If you're looking for a spirited way to spend a fall night, look no further. With the Harvest Moon Cemetery Tour you can have a happy Halloween and not deal with ghastly prices.

This haunted history tour is the perfect combination of spine-chilling mystery and hair-raising adventure. Get your tickets for this fab-boo-lus event while you can.



photos from
festivalsfredonia.org

Sending a Whole 'Latte' Love to the Starbucks Menu

Before the leaves officially dropped, Starbucks decided to drop its fall drink menu in late August. Pumpkin spice lattes (PSLs) get a lot of hype, but these aren't the only drinks on the menu this season. Starbucks has an extensive drink menu, whether you are team PSL or team go to – well you get the point.

Pumpkin Perfection

If you're looking to "spice up" your PSL try this secret menu item: The Cinderella Latte. This drink is available hot or iced, depending on your preference. To order, ask the barista for a grande pumpkin spice latte with two pumps of pumpkin and two pumps of white mocha. The overall flavor maintains notes of cinnamon and pumpkin from a PSL, but adds a bit of sweetness with the new found white mocha. This additional flavor takes away from the slight bitterness of espresso within traditional lattes and gives new life to the well known PSL.

The thing about pumpkin spice is that it's a flavor – not just a latte. PSLs are espresso based, which means their caffeine content is higher. If you're looking for pumpkin spice flavor with less of a buzz I recommend a pumpkin Chai Latte – hot or iced. Chai by itself has notes of cinnamon and is often comparable to pumpkin spice. This earthy flavor pairs well with pumpkin, making for a delicious sip. In addition it tops off at 95 mg of caffeine for a grande compared to 150 mg in a grande PSL.

If you are one of those people who can function without caffeine, I commend you. But, you may not be enthused by the two options I've listed so far. The good news is, you don't have to worry about missing out on the pumpkin spice season. Starbucks offers a Pumpkin Spice Steamer as a non - caffeinated option. The drink uses steamed milk and pumpkin syrup comparable to hot cocoa with pumpkin instead of chocolate.

An Apple Attitude

Though each of these pieces of pumpkin perfection have their merits, if you're over the hype of pumpkin spice Starbucks still has you covered. One of the other stars of their fall menu is the Apple Crisp Macchiato, which is available hot or iced. Oat milk, apple brown sugar syrup, and espresso combine to make what Starbucks refers to as "an apple crisp you can sip." If you like your drinks more sweet than with robust coffee flavor and aren't partial to pumpkin spice, this is the fall flavor for you.

If you're team apple all the way but aren't a big coffee drinker, I am again recommending the Chai Latte. The apple brown sugar flavor blends well with the cinnamon notes of Chai for a true apple crisp flavor. Just as with most drinks you can get this hot or iced. To order I would say: "Can I get a grande Chai Latte with 2 or 3 pumps of apple brown sugar."



No matter what fall flavor pairing you choose you won't be disappointed. But be warned, just like the beauty of color changing leaves these drinks are only temporary. The fall menu will fade before you know it. Run – don't walk – to our local Starbucks to taste these fantastic fall flavors before they disappear.

What's the Scoop on Big Dipper's Fall Flavors?



The fall semester at Fredonia begins in the blistering August heat. On those days where the sun is relentless and you're stuck in stifling classrooms there's only one solution: ice cream.

The Dunkirk and Fredonia area is home to Big Dipper: a local ice cream parlor known for its homemade cakes, cookies AND ice cream. With new ice cream flavors switching in and out almost daily, you're sure to find something to satisfy your sweet tooth.

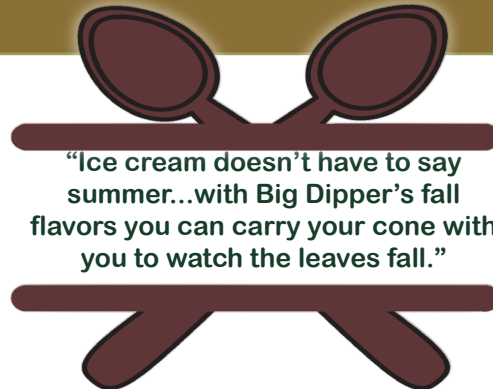
Yet, as summer sun fades into fall fun so does our desire to cool down with a cone in hand. But, as the seasons began to shift, so did Big Dipper's menu.

To welcome the season their menu showcased two fall ice cream flavors and multiple fall inspired confections.

If you're someone who eats pumpkin spice for breakfast, lunch and dinner—make sure you don't forget dessert. Big Dipper offers a pumpkin - flavored ice cream perfect for fall lovers.

As someone who considers themselves a pumpkin spice fanatic, I have to say Big Dipper does it justice. This flavor combines notes of cinnamon, pumpkin and nutmeg for the perfect pumpkin pairing.

In terms of fall flavor there is no doubt that pumpkin gets most of the glory. But Big Dipper is going to change that once people try its apple strudel ice cream. In full fall fashion I tried this flavor the same day I tried the pumpkin—in a double scoop cone. This flavor has a vanilla base with notes of cinnamon, chunks of apple and crumbles of strudel that all combine to form an amazing apple flavor in each spoonful.



"Ice cream doesn't have to say summer...with Big Dipper's fall flavors you can carry your cone with you to watch the leaves fall."

Secon-dairy Fall Flavors

Big Dipper is most famous for its ice cream, but the effort they put into decorating their cookies and cakes also deserves to be highlighted. The thing I love about this place is that they have something for everyone with a sweet tooth. If you don't like ice cream, try a chocolate chip, M&M, snicker-doodle, or peanut butter cookie.

Each cookie is the perfect mix of chewy and crispy for the perfect bite. In addition, their sugar cookies are visually stunning with icing designs that reflect the fall – or whichever season you purchase them in.

Not a cookie person? Big Dipper also has specialty cake pops available at different points of the season. In October their famous cookie dough cake pops adopted a spooky style fit for the season. Not only were they delicious, their design was a fun way to get into the Halloween spirit.

@bigdipperic





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